

Curriculum vitae

PERSONAL INFORMATION

Tiziano Pacini



📍 1510 Sofia (Bulgaria)
☎ (+39) 335 5262723 **☎** (+359) 87 8474304 **☎** (+44) 7928 610908
✉ mail@tizianopacini.it
🌐 www.tizianopacini.blog

Sex Male | **Date of birth** 25/03/1950 | **Nationality** Italian

WORK EXPERIENCE

- 2016–Present** **Director of the "Postural Ergonomics Course"**
With the patronage of the Department of Public Health of the University of Ruse - Bulgaria and of the Collegio Toscano Periti Esperti Consulenti - Florence - Italy (Italy)
- 2008–Present** **Postural Ergonomics Professor in the "Postural Ergonomics Course"**
College Sport i Sdrave - Dupnitsa, Bulgaria (Bulgaria)
- 2003** **Professor of "Ergonomics and Posture"**
DIASU, Rome (Italy)
Director prof. Domenico Caradonna - University of Palermo (Italy)
- 2001** **Lecturer in the "Posturology" course**
Scuola Superiore Medico Tecnica Trevano, Lugano (Switzerland)
- 2001** **Professor of Ergonomics and Posture in the "Baropodometry" course**
Orthopedic Clinic - La Sapienza University, Rome (Italy)
Director prof. Ciro Villani

EDUCATION AND TRAINING

- 2015** **Ph.D.** EQF level 8
Department of Public Health and Social Activities - University of Ruse, Ruse (Bulgaria)
Doctoral program: "Theory and Methodology of Physical Education and Sports Training and Physiotherapy"
On the topic: "Biometric Anthropometric Ergonomic Method for Evaluation and Correction of Human Posture"
- 1996** **Master's degree in Biological Sciences** EQF level 7
University of Florence, Florence (Italy)
Thesis: "Computerized baropodometry, study on some subjects with foot anomalies"
- 1986** **Degree in Orthopedic Technique** EQF level 7
"A. Fleming" Biosanitary Polytechnic, Ancona (Italy)

PERSONAL SKILLS

Mother tongue(s) Italian

Foreign language(s)

| | UNDERSTANDING | | SPEAKING | | WRITING |
|---------|---------------|---------|--------------------|-------------------|---------|
| | Listening | Reading | Spoken interaction | Spoken production | |
| English | B1 | B1 | B1 | B1 | B1 |

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

ADDITIONAL INFORMATION

Main activities in research and industry

From 2012 to the current date

Director of the "Postural Ergonomics Research Center"
Sponsored by Postural Center OOD - Sofia, Bulgaria

From 2000 to 2011

Director of the "Research Center in Postural Ergonomics"
Sponsored by the Multidisciplinary Academy of Posturology, Italy

Summary of publications

Books

- 2019
 - Title: *Ergonomia Posturale e condizionamento vicendevole tra testa e pelvi*
 - Publisher: *Postural*
 - ISBN: *9788894375114*
- 2017
 - Title: *Padrone del tuo benessere*
 - Publisher: *Autoedito*
 - ISBN: *9786199081105*
 - ISBN e-Book: *9786199081112*
- 2008
 - Title: *Ergonomia del Sistema Posturale*
 - Other authors: *Giuseppe Massara, Gioacchino Vella*
 - Publisher: *Marrapese Editore*
 - ISBN: *9788874493548*
- 2000
 - Title: *Studio della Postura e Indagine Baropodometrica*
 - Publisher: *Chimat*
- 1987
 - Title: *Cenni di Elettronica in Ortopedia*
 - Publisher: *Politecnico Biosanitario "A. Fleming"*

Articles in specialized journals

- 2018
 - Title: *La postura giusta è salute*
 - Author: *Giorgio Nadali*
 - Blog: *Rivista Donna*
 - Date: *24 of October*

- 2018
 - Title: *Chi è l'Ergonomo Posturale*
 - Journal: *Starbene*
 - Date: *16 of October*
 - Number: *44*
 - Page: *170*
- 2013
 - Title: *Back pain: lumbar lordosis interaction and m. iliopsoas*
 - Other authors: *Elisabetta De Juliiis, Elisabetta Coli*
 - Journal: *Sport & Neuka*
 - Number: *1/2013*
- 2012
 - Title: *A combined approach based on biomechanical, anthropometric and ergonomic methods for control of the human posture*
 - Journal: *Sport & Neuka*
 - Number: *4/2012*
- 2002
 - Title: *Pratica posturologica*
 - Other authors: *Cecilia Morosini*
 - Journal: *Orto 2000*
 - Publisher: *Ermse S.r.l.*
- 2002
 - Title: *Mal di schiena, un gioco tra lordosi lombare e ileo psoas*
 - Publisher: *Centro Studi SIRAO*
- 2001
 - Title: *Ergonomia e Postura*
 - Other authors: *Elisabetta De Juliiis*
 - *Corso di Baropodometria*
 - *La Spezia University*
- 1998
 - Title: *Studio baropodometrico su soggetti normali asintomatici*
 - Other authors: *Elisabetta De Juliiis, Elisabetta Coli*
 - Publisher: *Chimat*

Publications at National Conferences

- 2018
 - Date: *27/28 of April*
 - Event: *Convegno Europeo "La forza della medicina integrata" - Istituto Ortopedico Rizzoli, Bologna, Italia*
 - Title: *Relazione tra Postura, problemi dell'apparato locomotore e fibromialgia*
- 2017
 - Date: *7/8 of March*
 - Event: *Congresso Europeo di medicina integrata - Istituto Ortopedico Rizzoli, Bologna, Italia*
 - Title: *Problemi del collo e del rachide integrati con farmaci naturali*
- 2001
 - Event: *Convegno SISC*
 - Title: *Cefalea e Postura - un caso trattato da: T. Pacini, P. Pasquetti, A. Celesti, C. F. Bucca, F.*

Cerboni, F. Consolo

Publications at International Conferences

- 2019
 - Event: *Annual Conference of Scientists*
 - Title: *Inversion of cervical lordosis on a 37 years old female*
 - Subtitle: *The person, despite having a complex clinical picture of the rachis, the official medicine wasn't able to help her. She was treated with the B.A.E. method: check up after the first 8 months and then after 2 years*
 - Other authors: *Elisabetta De Juliis, Andrea Pacini, Loredana Granata*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2019
 - Event: *Annual Conference of Scientists*
 - Title: *Thermography and Posture*
 - Subtitle: *The thermography allows to see in real time the muscular function of the various body parts. A person shows at the Thermographical investigation a muscular surface which is detectable as image proportional to the quantity of heat emitted by the muscle and by their working. The usage can be studied in association with the B.A.E. method*
 - Other authors: *Elisabetta De Juliis, Andrea Pacini*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2019
 - Event: *Annual Conference of Scientists*
 - Title: *Postural implication and management of the gravitational field in the fibromyalgia and in his symptoms of pain and panic*
 - Subtitle: *Treatment on a 47 fibromyalgic man with the B.A.E. method for 4 months. This person is being treated for the pain management*
 - Other authors: *Elisabetta De Juliis, Andrea Pacini*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2018
 - Event: *International Scientific Conference*
 - Title: *A 26 years old women with a diagnosis of Ankylosing spondylitis, Back pain and recurrent headaches*
 - Subtitle: *When the person started the treatment with the B.A.E. method she still continued physiotherapy with insufficient outcomes*
 - Publisher: *Veliko Tarnovo University*
 - Place: *Bulgaria*
- 2018
 - Event: *Annual Conference of Scientists*
 - Title: *A serious trauma on a woman at the age of 21*
 - Subtitle: *She is actually 47 now with big walking difficulty even using Codivilla springs. She has been treated with B.A.E. Method for ten and a half months*
 - Other authors: *Elisabetta De Juliis, Andrea Pacini, Loredana Granata*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2018
 - Event: *Annual Conference of Scientists*

- Title: *A case of scoliosis in female 20 years old*
- Subtitle: *The person complains of headaches, panic attacks and rarely backaches. The person brought the orthopedic corset at the age 10 for 1 year Treated with B.A.E. : verification at 8 months*
- Other authors: *Elisabetta De Juliis, Andrea Pacini, Loredana Granata*
- Publisher: *University of Ruse*
- Place: *Ruse, Bulgaria*
- 2017
 - Event: *Annual Conference of Scientists*
 - Title: *A severe case of scoliosis surgically treated in childhood*
 - Other authors: *Elisabetta De Juliis, Ferdinando Pivetta*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2017
 - Event: *Annual Conference of Scientists*
 - Title: *A case of severe Fibromyalgia in female 23 years of*
 - Other authors: *Elisabetta De Juliis, Quirina Cantini*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2016
 - Event: *Annual Conference of Scientists*
 - Title: *Neck's Posture: woman 54 years old suffering from dizziness*
 - Other authors: *Elisabetta De Juliis, Ferdinando Pivetta*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2015
 - Event: *Annual Conference of Scientists*
 - Title: *Neck's Posture, Cervical Problems*
 - Other authors: *Elisabetta De Juliis, Ferdinando Pivetta*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2013
 - Event: *Annual Conference of Scientists*
 - Title: *Neck posture, cervical spine problems, temporomandibular joints and the Anthropometric Ergonomic Biomechanical (A.E.B.) Method*
 - Publisher: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2002
 - Title: *Posturologia*

Thesis

- 2015
 - Educational qualification: *Dottorato di Ricerca (Ph.D.)*
 - Title: *Biometric and Anthropometric and Ergonomic Method of Evaluation and Correction of Human Posture*
 - University: *Department of Public Health and Social Activities - University of Ruse*
 - Luogo: *Ruse, Bulgaria*

- 1996
 - Educational qualification: *Laurea Magistrale in Scienze Biologiche*
 - Title: *Baropodometria computerizzata: studio su alcuni soggetti affetti da anomalie del piede*
 - University: *Faculty of Biological Sciences - University of Florence*
 - Place: *Florence, Italy*
- 1986
 - Educational qualification: *Laurea in Tecnica Ortopedica*
 - Title: *La deambulazione nel piede equino, varo, supinato e addotto*
 - School: *Politecnico Biosanitario "A. Fleming"*
 - Place: *Perugia, Italy*

Conference speaker

- 2018
 - Date: *16/17 of November*
 - Conference: *International Scientific Conference*
 - Organizer: *Veliko Tarnovo University*
 - Place: *Bulgaria*
- 2018
 - Date: *23 of June*
 - Conference: *Pistoia fibromialgia*
 - Place: *Centro La Cattedrale, Pistoia, Italy*
- 2018
 - Date: *26 of April*
 - Conference: *Pistoia fibromialgia*
 - Place: *Polo Psicodinamiche, Pistoia, Italy*
- 2018
 - Date: *27/28 of April*
 - Conference: *Convegno Europeo della Medicina Integrata*
 - Place: *Istituto Ortopedico Rizzoli, Bologna, Italy*
- 2017
 - Conference: *Conferenza Annuale degli Scienziati*
 - Organizer: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2017
 - Date: *7/8 of March*
 - Conference: *Congresso Europeo di Medicina Integrata*
 - Place: *Istituto Ortopedico Rizzoli, Bologna, Italy*
- 2016
 - Conference: *Conferenza Annuale degli Scienziati*
 - Organizzatore: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2015
 - Conference: *Conferenza Annuale degli Scienziati*
 - Organizer: *University of Ruse*
 - Place: *Ruse, Bulgaria*
- 2002
 - Date: *July*

- Conference: *Conferenza di Posturologia*
- Organizer: *Scuola Superiore Medico Tecnica*
- Place: *Trevano, Lugano, Switzerland*
- 2001
 - Date: *10/13 of June*
 - Conference: *Conferenza Nazionale SISC*
 - Place: *Palazzo dei Congressi - Florence, Italy*

Memberships **Member of the Collegio Toscano Periti Esperti Consulenti (ID number 1276)**

Enrolled in the following disciplines:

- Unconventional medicine
 - 700: Music Therapy and Psychomotricity
 - 752: Postural Ergonomics
 - 784: Neuromotor and postural rehabilitation therapist
- Business services
 - 585: Training for companies and organizations
- Sanitario
 - 53: Orthopedics (mechanics)

Note Scientific jury for the evaluation of a dissertation work for the acquisition of the educational and scientific degree of Doctor in professional field 1.2 "Pedagogy", Doctoral programme "Theory and Methodology of Physical Education and Sports Training (incl. Methodology of Therapeutic Physical Exercise) on the topic:

Biometric and Anthropometric and Ergonomic Method of Evaluation and Correction of Human Postur

elaborated by TIZIANO PACINI, Department of Public Health and Social Activities of the University of Ruse (Bulgaria).

The jury were composed by:

- *Prof. Daniel Bratanov Ph.D.*
 - Legal Entity Appointed Representative (LEAR) for University of Ruse, Bulgaria "Angel Kanchev" in the European Commission
 - Head of Public Health and Social Activities Department, Faculty of Public Health and Health Care, 11/206 Robotics laboratory, 11/216 Laboratory for prevention, assessment and management of natural and technogenic risk
- *Prof. Dr.Sc. Doroteya Georgieva Stefanova*
 - Former Chair of Physiology and Chemistry in University National Sports Academy "Vassil Levski" – Sofia, Bulgaria
- *Prof. Dr.Sc. Svetoslav Lyubomirov Ivanov*
 - Former Rector in University National Sports Academy "Vassil Levski" – Sofia, Bg
 - Former Chair of Biomechanics, Department of Anatomy and Biomechanics in University National Sports Academy "Vassil Levski" – Sofia, Bulgaria
- *Ass.Prof. Dr. Lyudmila Yordanova Venova*
 - Former Lecturer of Kinesitherapy, Department of TM of the Kinesitherapy, Kinesitherapy and rehabilitation in University National Sports Academy "Vassil Levski" – Sofia, Bulgaria
 - Dean in University National Sports Academy "Vassil Levski" – Sofia, Bulgaria
- *Ass.Prof. Dr. Stefan Nedkov Yanev*

- Lecturer in Faculty of Public Health and Health Care in Department of Public Health and Social Activities, University of Ruse “Angel Kanchev”, Bulgaria

Processing of personal data

I authorize the processing of personal data contained in my curriculum vitae based on art. 13 of EU Regulation 2016/679 relating to the protection of individuals with regard to the processing of personal data.